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PROGRAM NAME: WOMANITY – WOMEN IN UNITY

GUEST NAME: TAMARYN GREEN – MISS SOUTH AFRICA 2018

SPEAKER	TRANSCRIPTION
DR. MALKA	Hello, I'm Dr. Amaleya Goneos-Malka, welcome to 'Womanity – Women in Unity'. The show that celebrates prominent and ordinary African Women's milestone achievements in their struggles for liberation, self-emancipation, human rights, democracy, racism, socio-economic class division and gender based violence.
DR. MALKA	Joining us in studio today for the start of Women's Month is recently crowned Miss SA 2018; Tamaryn Green
TAMARYN GREEN	Hello everyone, how're you doing?
DR. MALKA	Very well thank you and we are so privileged to have you here on our show today!
TAMARYN GREEN	Thank you so much for having me.
DR. MALKA	And first of all congratulations...
TAMARYN GREEN	...thank you....
DR. MALKA	...on this milestone and significant achievement!
TAMARYN GREEN	It's been two months now so I think it was a bit fresh but now it's sinking in.
DR. MALKA	Well you've got another 10 months of your reign which....
TAMARYN GREEN	...yes....
DR. MALKA	...will radiate on positivity. Now this year Miss SA celebrated its Diamond Jubilee of 60 years; to start with can you please tell us more about Miss SA as a pageant, what it entailed, the different rounds....
TAMARYN GREEN	...ja....
DR. MALKA	...and how you got to this point?
TAMARYN GREEN	Ja so as you mentioned we are celebrating...we were celebrating the 60th year of Miss South Africa and I think that's spectacular because participating this year they actually had 40 of the previous Miss South Africa's sitting in the audience and I think that just made the night more memorable, more special, if I can say it that way. So what happened is it's a competition; Miss South Africa is a beauty pageant that is open to any girl that is between the ages of 20 to 27 and the competitions are held in certain regions, so my region was Cape Town. There's a region in Johannesburg, Durban so you'll have competitions there for anyone to enter who feels that they are up for the job and I say job because they say that it's a beauty pageant, but it's really more than that. It has evolved, it has modernised; it's more about being a woman and what women can offer. So it's about knowledge, it's about education, it's about having confidence; so much more, as you...like you know as you said, multifaceted, they are looking for multifaceted women who can represent our country. So in Cape Town I participated and there they would choose a few of the young ladies that they feel fit the criteria; possibly stood a chance to win Miss South Africa but also grow throughout the competition. So then from there they chose Top 28. The top 28 then went to Pretoria where we all had interviews; this consisted of like a panel discussion so four ladies would go

	in together and the judges would ask us questions about current affairs, our opinions; a whole lot of questions also just to try to get to know us and on that day they selected 12 other....12 ladies from the 28 to then further compete in a five week period just before the pageant night.
DR. MALKA	So this is about a two month process if we look at those knock-out rounds....
TAMARYN GREEN	...yes, yes, but I think this year was...no this year it was definitely the first year it was done this way, usually it's about a six month period so the pageant was much later, usually it's in March and within the five weeks, the last five weeks we basically had to participate in a whole lot of activities, we had to you know promote sponsors. There were workshops where they would help each and every girl with something that she wasn't maybe comfortable with, for example I wasn't very good with makeup. I wasn't a very....I didn't wear a lot of makeup when I was studying so they had a workshop to you know enhance your qualities; how can you do that through makeup, or public speaking, how - you get the gist of it - so we all went through these workshops and trust me we all grew, we all learnt so much about ourselves and then the 27 th May we had the final night where we could enjoy the stage and answer questions up there that were quite intimidating but that is how the process was.
DR. MALKA	And ultimately you are, going forwards; you're representing South Africa...
TAMARYN GREEN	...yes....
DR. MALKA	...so you have to be equipped in terms of confidence, life skills; the ability to do public speaking....
TAMARYN GREEN	...yes.....
DR. MALKA	...and portray the strengths and the qualities because you, in essence, are embodying SA.
TAMARYN GREEN	Definitely, definitely and I think...I think that is so exciting and it's so amazing that I'm going to be able to do that internationally. I can actually go out there and represent my country for what it is and we live in a very diverse country so to be relatable is also part of a quality that a Miss South Africa must have.
DR. MALKA	And you mentioned earlier, this is your job...
TAMARYN GREEN	...yes....
DR. MALKA	...for the year; so in your job, what are some of the achievements that you want to attain during your reign?
TAMARYN GREEN	Yes so firstly the responsibilities of a Miss South Africa is; one, you have to represent your country, as we mentioned, so you need to understand what's happening in your country, the current affairs, you need to be able to sit in a room with different people and talk to everyone and understand everyone - adapt so that you can represent them to the best of your ability, so I'll be doing that as well at Miss Universe. Then another thing is you do have your sponsors so you need to look after your sponsors that is another part of the job, then most importantly it's about being a role model, being someone that young women out there, but not only young women, just people in general can look up to, can learn from. It's about your message as Miss South Africa and what you want to change and bring about change to, sorry, so I'm very passionate about health as well as education and I get to start my own project, my own campaign this year which I'm very excited for and we'll talk about that later, so there's a number of things that I can do as Miss South Africa and ja....

DR. MALKA	Today we're talking to Miss SA 2018; Tamaryn Green. We would love to receive your comments on Twitter: @WomanityTalk.
	AD BREAK
DR. MALKA	One of the things that I'd looked at as a quote attributed to you is you said " <i>As a woman I believe there is a golden thread linking all women across the globe. Together we should be able to uplift, inspire, nurture and educate the youth of our world.</i> " Now building on that, I know that education and health are definitely key areas that are foremost in your mind....
TAMARYN GREEN	...yes....
DR. MALKA	...we were talking a little bit earlier offline on the importance in a girl's education.....
TAMARYN GREEN	...yes....
DR. MALKAand in her establishing of her identity; could you please share with us some of your thoughts on that?
TAMARYN GREEN	To me education is definitely, you know, the key to economic and social empowerment, first of all, and as we know we are living in a society where there still is gender inequality, inequality in education as well as inequality in health and to me education is bridging that gap between having access to the resources you need to make a success of yourself. I believe that every woman, with the education, with the right knowledge, with the right – how can I explain this – well having an education automatically makes you more capable, it opens up doors to you; it empowers you and also it allows you to look after yourself, make healthy decisions for yourself because now you have the knowledge to do that and automatically that is uplifting women; if that makes any sense.
DR. MALKA	You mentioned that as part of Miss SA you've got the responsibilities of representing the country, you've got the responsibility of being brand ambassador to not only South Africa, Africa, and to a certain extent the pageants sponsors so I think this year we've got Sun International, Cell C and Nissan to mention a few; how do you feel about being a role model?
TAMARYN GREEN	You know I'm very happy. I'm very privileged to be a role model because being a role model is basically people trusting you to do the job properly; it's having people looking up to you and learning from you and I think being in that position, it is a responsibility, but it's one that I accept gladly. So yes, I'm very happy to be a role model to everyone so that I can, you know, I can help them in ways that I wish I could have been helped.
DR. MALKA	And on that note, do you have a role model?
TAMARYN GREEN	I do, my parents; it's very cliché but my dad is literally the strongest person that I know; I've learnt so much from him and his story telling and you know the values and morals that I have I've learnt from my mom and my dad and the reason I say that is because I do come from a small town. I come from a very close-knit family and often when you're in small towns you need...it's difficult to see outside the borders of that small town and my parents allowed me to do that by telling me stories of how they've lived and you know expressing what else is out there in the world, so they definitely are my role models.
DR. MALKA	And Cell C as one of the sponsors is well known for its Take A Girl Child To Work Day which happens annually and every year the programme enlarges; can you share with us what are some of the initiatives that have been in conversation?
TAMARYN GREEN	It's very exciting; so Take a Girl Child usually is celebrated on the last Thursday of May and this year the theme is actually #morethanaday...

DR. MALKA	...More Than A Day, very important....
TAMARYN GREEN	...yes...so Cell C is trying to encourage corporate's to help with more than just one day and they are going to launch a project in August that I'm actually going to be an ambassador of, it's called Cell C Girl; so it incorporates the same ideas that Take A Girl Child is incorporating, but just for more than one day. So for example Cell C is going to take in a group of grade...I think it's grade 10 to 12's and they are going to have them come in for more than one day and literally follow up on the progress instead of just bringing someone in one day and then, you know, saying goodbye. So it's a platform that allows access to information, guidance - not only information about you know being a girl, being a women but also how to make a success of yourself; so information to bursaries, information to internships. If you have difficulties in any aspect of being a girl and growing up, that transition to becoming an adult; that is what the platform is going to.....
DR. MALKA	...and it sounds as though it's going to be a lot more sustainable; it's not just a transactional element....
TAMARYN GREEN	...yes....
DR. MALKA	...but you're being able to build relationships with these young ladies and really help them achieve....
TAMARYN GREEN	...yes....
DR. MALKA	...what they need to....
TAMARYN GREEN	...definitely.
DR. MALKA	Now on that note we've looked broadly sort of career based....
TAMARYN GREEN	...ja....
DR. MALKAwe've spoken a bit about education; we also spoke about one of your passions as health...
TAMARYN GREEN	...yes....
DR. MALKA	...and I'm not sure if many people know about your background but you are a six year medical student studying at the University of Cape Town and by pursuing your education you join a long line of women around the world who strongly believe that education is a key element for progress and self-development; so can you share with us a little bit more on your views of education, we touched on it briefly,....
TAMARYN GREEN	...yes....
DR. MALKA	...but especially in the hands of women to achieve equality?
TAMARYN GREEN	...yes, I think I'll use my life as an example. Growing up I went, as I said, went to a small town and the school that I went to wasn't one of the most privileged schools; so I'm talking about a class of 50 to 55 children in the school; not always being able to get individual attention, you know, from the teacher, but I understood what they were doing; they were trying to give a lot of children access to education and unfortunately the pitfall was that there wasn't always enough individual attention so I had to take the responsibility on myself to go home, study by myself, do my own research and incorporate that with what I was taught in the classroom and I have to tell you that in, you know, in primary school I did very well because I worked hard and my grades showed that and there's a certain sense of

	achievement and of being happy with who you are when you see those results; so that's one thing....
DR. MALKA	...reflection of your...
TAMARYN GREEN	...you know...
DR. MALKA	...hard work...
TAMARYN GREEN	...reflection, that is one thing, it pushes you to do better and a lot of people aren't always exposed to that so I think it's important to firstly celebrate achievements through education and then as I continued in high school my grades then allowed me to study medicine and not...it's not an opportunity for...the opportunity is not always there for everyone to study something like medicine so education got me there as well and education had me move to Cape Town, out of my little small town, step out of my boundaries....
DR. MALKA	...opening doors...
TAMARYN GREEN	...do you know what I mean? Exposing myself, being exposed to other opportunities and that is what education...the power of education and even joining Miss South Africa, it was all about learning about what it actually means to be Miss South Africa, what Miss South Africa can accomplish, as I said Roleen Strauss as well, she is one of my role models and she was studying medicine. So education is the key to stepping out of your....moving beyond your boundaries; if I can put it that way.
DR. MALKA	And it's great that you've got people like Roleen Strauss who've almost walked a similar sort of journey to what you're doing so that you know that it is achievable....
TAMARYN GREEN	...yes...
DR. MALKA	...these goals....
TAMARYN GREEN	...yes...
DR. MALKA	...are attainable.
DR. MALKA	Today we are talking to Miss SA 2018; Tamaryn Green. We would love to receive your comments on Twitter: @WomanityTalk.
DR. MALKA	Now later in the year you're going to be representing South Africa at Miss Universe 2018 which describes itself as a company run by women, for women, built on a foundation of inclusion and continues to be a celebration of diversity. <i>"The organisation empowers women to develop the confidence they need to achieve their personal best"</i> and I looked at this and I thought one; this is such a great mission statement of allowing....
TAMARYN GREEN	...ja...
DR. MALKA	...women to truly be who they are, but also there are between eighty to a hundred countries....
TAMARYN GREEN	...yes....
DR. MALKA	...that send contestants who compete across a range of different criteria; you chatted briefly about your project that you're going to be looking at from a community point of view with education and health and I know that a community project is one of the key elements that contribute to this campaign, so can you tell us a little bit about this?
TAMARYN GREEN	So in terms of my campaign I'm not allowed to express exactly what it's about yet; it's going to be launched at the end of August, hopefully, if everything goes well. It has to do with health and it's actually something very personal; so it's something that I experienced myself and I believe that with education and guidance I could have, you know, dealt with that

	situation much better, so it's very personal to me and I'm very excited to see what I can do with this project.
DR. MALKA	As you can't talk about it now....
TAMARYN GREEN	...yes....
DR. MALKA	...is there a hashtag or reference to look at it for people to look out in the future?
TAMARYN GREEN	Not yet, I will let you know if there is.
DR. MALKA	Perfect, we will watch this space with bated breath. Back to Miss Universe; how do you feel representing South Africa in the global arena?
TAMARYN GREEN	I'm very excited first of all, and as I said earlier, it's such an honour to be entrusted to take the position of representing your country internationally and I'm excited to meet and learn from all the other ladies that are going to be there, I mean it's a group of powerful, intelligent young women and there is so much you can do in that space and I'm excited to show them what South Africa can do.
DR. MALKA	Now with all of those different minds coming through from different parts of the world, exposed to different sets of challenges and potentially solutions; hypothetically, given the chance, what global issue would you try to solve?
TAMARYN GREEN	Wow, it's actually quite a difficult question for me because I'm so passionate about many things that I know is...like needs help, but education, 'cause as I said education is the key to change the world. So equality in education.
DR. MALKA	I feel like I'm almost one of the panellists putting you on the spot here....
TAMARYN GREEN	(laughs)
DR. MALKA	...but you're so right; that education it's that ticket, it's the door opener....
TAMARYN GREEN	...yes...
DR. MALKA	...and without it you are limited....
TAMARYN GREEN	...yes....
DR. MALKA	...your horizons are completely blocked....
TAMARYN GREEN	...and to me it feels like all the other issues we're facing in our country; in the world, whether it's health, whether it's economically or socially; all of those things can be...can be improved with education, so that it is what I...that's just how I feel – my opinion.
DR. MALKA	Today we're talking to Miss SA 2018; Tamaryn Green.
DR. MALKA	AD BREAK
DR. MALKA	You are listening to 'Womanity – Women in Unity' on Channel Africa, the African Perspective, on frequency 9625 KHz, on the 31 meter band. Also available on DSTV Channel 802. Today we're talking to Miss SA 2018; Tamaryn Green. We would love to receive your comments on Twitter: @WomanityTalk.
DR. MALKA	In the previous segment of the show we spoke about Miss SA celebrating its Diamond Jubilee of 60 years; we also spoke about some of the work that Tamaryn wants to deliver, specifically in the health and education sector and means and mechanisms of being able to encourage women to really be all that they can be.
DR. MALKA	Now 'Womanity – Women in Unity' is all about gender equality which is increasingly a global focus and as such building female leadership capacity is important for the future of women, not only to South Africa, our Continent and I would say worldwide; how do you see female leadership, whether it's in the private sector, public sector, academia, medicine environments?

TAMARYN GREEN	Yes. You know to me I personally believe that women leadership encompasses more empathy and more compassion because as women we are automatically, it's installed in us and by having those qualities, by being compassionate and empathetic you tend to look outside yourself as a leader and you ensure that your colleagues, your employees, anyone you are working with, that they are taken care of and it creates a work environment where people are more comfortable and more feel more appreciated and I think women have that special....that special quality to do that in a workspace and yes, we still are...women still are being underestimated, they're still not taking up those powerful roles which they should be and I think it's a work in progress. We are...it's much better than in the past but there's still a lot more that can be done.
DR. MALKA	And some of those qualities you mention of empathy and being compassionate, I think that a lot of those also speak towards being a doctor in the medicine profession.
TAMARYN GREEN	That's very true, so being a female doctor, there's a lot of that that is practiced in the clinics, in the hospitals; I know I practiced all of that in my six years of medicine.
DR. MALKA	And being able to relate to people because....
TAMARYN GREEN	...yes....
DR. MALKA	...you've got to see things from their perspective.
TAMARYN GREEN	You know studying medicine it actually...it's...you have to have that barrier between professionalism and its patient but it's very difficult because as women, as I said, we feel emotions and often you relate so much to the patient you just...you want to help in any way possible, so something I had to teach myself is to you know, keep that professionalism but it's definitely...it...having those emotions and feeling that compassion makes you a better doctor, definitely, because you treat that person like you would treat your sister, like you would treat yourself and I think that's really special.
DR. MALKA	They're strong human qualities...
TAMARYN GREEN	...yes...
DR. MALKA	...and if you look at the dynamic of women in leadership, almost this is an advantage.
TAMARYN GREEN	Definitely it is and I think more women need to sit around the table, 50% of our workforce is women and therefore it's important for us to you know be on that board of directors, be in those high leadership positions because as I said, those qualities; the qualities of being human, it makes for a better work environment, it makes for better delivery in work, it makes people feel more comfortable and having women in those positions automatically...it's having a voice for all the other women who do not have those positions, who still feel limited by their circumstances and showing them it is possible; it's possible to be up there as well.
DR. MALKA	Given what we know now...
TAMARYN GREEN	...yes....
DR. MALKA	...and given some of your experiences; what areas do you think we need to build on the most to benefit women in the future?
TAMARYN GREEN	I think I just answered that question; it's in the workspace, it's firstly delivering equal education for all girls as they grow up and allowing them to step into a workspace where there's equal opportunities; as I said, 50%

	of us are women working but when you look at who's in the leadership positions it's about 10% of women that's being represented...
DR. MALKA	...even less than that....
TAMARYN GREEN	...even less....
DR. MALKA	...unfortunately....
TAMARYN GREEN	...sorry, even less....
DR. MALKA	...but it's....
TAMARYN GREEN	...so yes I think that is where we need to bring about the change.
DR. MALKA	And I think too, it's not just about women coming to the front and as you've said we're equipping ourselves with education, these are tools in order to help us advance....
TAMARYN GREEN	...yes....
DR. MALKA	...but at the same time we also need to look at the education, I guess, of our male counterparts on allowing these opportunity spaces to open up.
TAMARYN GREEN	That is very true but there is often a debate because we have very educated men in these high positions yet they're still treating women differently....
DR. MALKA	...culture....
TAMARYN GREEN	...so that's another aspect we need to look at; maybe not just education.
DR. MALKA	Sometimes it's a bit of a rewiring....
TAMARYN GREEN	...yes....
DR. MALKA	...that needs to happen.
DR. MALKA	Today we're talking to Miss SA 2018; Tamaryn Green. We would love to receive your comments on Twitter: @WomanityTalk.
DR. MALKA	Now one of the questions that I ask my guests who've all made tremendous achievements in their respective fields is about some of the factors that they feel have contributed to their success. So some people speak about hard work, others talk about perseverance....
TAMARYN GREEN	...yes....
DR. MALKA	...or a particular person in their life; please share with us what you think have been some of the success factors?
TAMARYN GREEN	I'd have to say it's more than one factor so the first thing for me that's very important is to have a dream. You have to have a goal, something to work towards otherwise you're just going to be you know flopping around without a sense of purpose and where you belong and what you want to achieve in life. So have a dream and it doesn't matter how big or small the dream is, it's understanding that there is something you want to work towards and often we don't achieve those dreams but you get much further just thinking of reaching that dream. Secondly, hard work; I've worked hard throughout my whole life and I have to say it pays off, it's not easy. I know everyone comes from different circumstances and there are certain things that prevent you from you know studying; not everyone has a study room at home but hard work doesn't just entail that, it's finding a way around the circumstances. You can apply hard work to anything in life. Simple example; if you're at home and you know there's dishes and your mom is really tired, take that responsibility on yourself, clean the dishes, that's part of hard work and understanding what hard work is. Then as you mentioned it's dedication and perseverance because things don't

	<p>always go the right way, there are challenges in your life, you think you're reaching your destination and then suddenly there's something that comes across your path and you are devastated and it's just reminding yourself of why. Why do you want to be that doctor? Why do you want to be Miss South Africa and remembering that constantly and pursuing, pursuing, pursuing and then number....sorry there's a lot now. So number four is also just personality; when I say personality I mean it's one thing to work hard and get an education but it's....in the world we're living in it's about...you have to interact with people, if you learn from each other, it doesn't matter how educated you are or how hard working you are; if you stay in your little bubble you're not going to be successful, you need to learn from other people, you need to share your knowledge, if that makes any sense and that's what I mean by personality and the last thing for me that really helped me persevere is my faith; just getting down on my knees and praying to God and that faith really makes me see the positive in everything. So those are the things for me.</p>
DR. MALKA	They're very diverse; they touch on multiple facets in your life....
TAMARYN GREEN	...yes....
DR. MALKA	...and I think that also contributes to this wholeness...
TAMARYN GREEN	...yes.....
DR. MALKA	...of becoming a meaningful human being who can really function in society. When we look at this question as well one of the areas that I'd like to address is who have been some of the strong women in your life?
TAMARYN GREEN	<p>My mom; definitely my mother. I had a teacher in grade two, Mrs. Rabie; I don't know if she's listening to this. I don't even know, I haven't had contact with her in a long time but she really took me under her wing and showed me what I'm capable of. She really pushed me to participate in like the science expo and public speaking; I learned a lot from her so my grade two teacher, my mom, my grandma as well. I'm very different from them but I've learned from them what kindness is and what showing love is all about and as I said it's something that only a woman can teach another woman so ja, those are but a few.</p>
DR. MALKA	And can you tell us about some of the pivotal moments in your life growing up?
TAMARYN GREEN	<p>Oh well there's quite a few. Number one, I was very young and my sister and I used to share a bunk-bed and my dad used to come in every night and read a bible book and he would make us say the "Our Father" it was printed up on the wall; never found meaning in it until I grew up; look back now and that is where my faith started, that is where my relationship with God started. Secondly I think I was grade three and I was chosen to be a narrator of a theatre play; that's where I found my love for public speaking, for being on the stage and I learned I'm very comfortable being there. Then moving from Worcester, that's where I was born, I was at a Model C school, then I moved to Paarl where I was placed in a school that as I said, not very privileged and I immediately picked up the differences in the two schools and I could not understand why is there such a big difference. So throughout my primary school and high school I was trying to find the answers to that and I think in those years I learnt that life is not equal and something needs to be done about it, so that whole experience definitely helped me mature; I matured very fast, if I can say it that way. Another pivotal is being the Junior Town Council of my...I was the Mayoress of the Junior Town Council in Paarl and being a Mayor or Mayoress....</p>

DR. MALKA	...and that is not just within the school jurisdiction, it's for the Town?
TAMARYN GREEN	...yes, so that is between different schools and coming from the school that I was at with all its challenges and not competing but being up against all these other schools who have everything, who have computers, who have twenty children in a class and I achieved, I was selected as Mayoress and that showed me; it doesn't matter what school you come from it's what you apply in life, that is what is going to make you reach that goal and okay that's another thing and then in varsity, so in university, medicine was challenging, it's a lot of work and at one point my health really took a dip and I've always been a strong woman, always been an independent woman and in that situation I found that I needed help and that was very new to me 'cause I did everything myself and that's when I learned that being vulnerable doesn't make you weak, being vulnerable allows you to grow, it allows you to learn from other people and that is where I sort of learned that showing emotion is not a bad thing. So all these things in my life have really shaped me to be the person that I am today.
DR. MALKA	And with the latter point I think that's very important; it doesn't take away your independence but it does show that you almost can do more...
TAMARYN GREEN	...yes....
DR. MALKA	...by having support structures in place...
TAMARYN GREEN	...definitely...I think it's not...it's an unspoken...it's like not the curse of being a strong woman, it's that we think that we can do everything ourselves, which is...it's not okay. You need...being strong is asking people for help as well, that's fine and I learned that literally only in my varsity years.
DR. MALKA	Well thank you for sharing that variety and touch points in your life which have led you to become the person that you are today. Now in closing the conversation, as we commemorate Women's Month, can you please share a few words of inspiration or wisdom that you'd like to impart to women in the continent that are listening to us?
TAMARYN GREEN	I want all women to know that we are all beautiful, we are all capable, please don't allow anyone to ever tell you you cannot be something, you cannot achieve something. You can be anything you want to be; I want women to understand that and that we are special. So really, embrace being a woman, be proud to be a woman and uplift each other; I think that's very important. A win for one of us is a win for all of us.
DR. MALKA	That is a wonderful expression "a win for one of us is a win for all of us". Thank you so much for joining us today.
TAMARYN GREEN	Thank you; it's been such a pleasure.
DR. MALKA	And we wish you all the very best in your current reign as Miss SA for 2018; we look forward to hearing more about the work that you do and not just in the public domain but also on some of those core personal projects in relation to education and health for women.
TAMARYN GREEN	Yes, thank you so much.
	PROGRAMME END